

# Sample Weekly Menu



This is a sample of a weekly menu from the Keble dining hall. There are also selected daily items such as: sandwiches; pasties; jacket potatoes; cold meats; chips; beans and vegetables of the day. These are available every day at lunchtime.

## Lunch

## Dinner

### Sunday

BRUNCH

Soup of the Day  
Roast beef with Yorkshire pudding  
*V Savoury veggie mince in a  
Yorkshire pudding*  
Roast potatoes  
Assorted vegetables  
Cheesecake or fresh fruit

### Monday

Lamb and pea keema curry  
*V mixed vegetable curry*  
Turmeric rice and baby carrots  
Macaroni cheese with leeks  
Pepper and olive pizza  
Mixed salad

Soup of the Day  
Salmon en crouete  
*V Vegetable en crouete*  
New potatoes  
Assorted green vegetables  
Various gateau or fresh fruit

### Tuesday

Zinger burger in a bun  
*V Spicy bean burger in a bun*  
Seasoned wedges and corn on the cob  
Pasta with spicy tomato & topped with stilton  
Margarita pizza  
Mixed salad

Soup of the Day  
Escalope of Turkey with a Cumberland sauce  
*V Spicy vegetable roast with cranberry & port*  
Lyonnais potatoes  
Broccoli spears  
Apple pie with vanilla pod cream or fresh fruit

### Wednesday

Lemon chicken with champ  
*V blue cheese and beetroot Yorkshire pudding  
with champ*  
Bean medley  
Pasta shells with a creamy mushroom and chive  
sauce  
Goats cheese and spinach pizza  
Mixed salad

Soup of the Day  
Minced beef lasagne  
*V Vegetable and lentil lasagne*  
Garlic bread  
Tarragon glazed carrots  
Raspberry syllabub or fresh fruit

# Sample Weekly Menu

## Thursday

Italian casserole  
*V vegetable stew with dumplings*  
Boiled potatoes  
Sliced carrots  
Pasta bows in provençal sauce  
Chicken and wild mushroom pizza  
Mixed salad

Soup of the Day  
Pork cutlet with a cider sauce  
*V Char grilled halloumi with apple chutney*  
Braised rice  
Cauliflower in a coriander & cumin butter  
Chocolate fudge cake or fresh fruit

## Friday

Breaded catch of the day with tartare sauce  
*V breaded camembert with tartare sauce*  
Garden peas and chips  
Pasta with broccoli and brie sauce  
Sausage pizza  
Mixed salad

Soup of the Day  
Lamb and mint sausages with lentils  
*V vegetarian sausages with lentils*  
Mashed potatoes and vegetables  
Vanilla crème Brule or fresh fruit

## Saturday

BRUNCH

Chicken Kiev  
*V vegetable Kiev*  
Crinkle chips  
Country mixed vegetables  
Ice cream or fresh fruit