

Important vaccinations

Meningitis

If you are under 25 and entering higher education for the first time, you should receive the MenACWY vaccine, ideally before coming to the University. If you have not already been immunised before arrival, this can be done by our practice nurse.

The MenACWY vaccine is given by a single injection into the upper arm and protects against four strains of the meningococcal bacteria – A, C, W and Y – which cause meningitis and blood poisoning (septicaemia). Y

You can find further information about meningitis symptoms on the NHS website:

<https://www.nhs.uk/conditions/meningitis/symptoms/>

Measles, Mumps and Rubella

Measles and mumps are circulating in the general UK population, particularly among young people. Several outbreaks of mumps have occurred at both universities in Oxford and, year-on-year, the number of cases continues to be significant. If you are not certain that you have received the two MMR immunisations, then in line with national policy, we recommend that you obtain them before arriving at University with a month between each dose.

You can find further information on the NHS website:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

Tetanus, diphtheria and polio

You should make sure your vaccinations for these are up to date. In the UK, you may have received them as the 3-in-one teenage booster.

Human papillomavirus (HPV)

HPV is the name of a very common group of viruses. They do not cause any problems in most people, but some types can cause genital warts or cancer. If you are under 25 and have not received this vaccination we recommend that you do.

You can find further information about HPV and the vaccine on the NHS website

<https://www.nhs.uk/conditions/human-papilloma-virus-hpv/>

COVID-19

There has recently been a rise in covid cases in Oxford. However, we are unclear how this will affect students when term starts, and whether there will be a need for boosters for students. TBC.

<https://www.gov.uk/government/publications/covid-19-vaccination-spring-booster-resources/a-guide-to-the-covid-19-spring-booster-2023>