

Important vaccinations

Meningitis

If you are under 25 and entering higher education for the first time, you should receive the MenACWY vaccine, ideally before coming to the University. If you have not already been immunised before arrival, this can be done by our practice nurse.

The MenACWY vaccine is given by a single injection into the upper arm and protects against four strains of the meningococcal bacteria – A, C, W and Y – which cause meningitis and blood poisoning (septicaemia).

To protect yourself and those around you, the University strongly recommends before arriving at Oxford that you receive the [MenACWY](#) vaccination for meningitis.

You can find further information about meningitis symptoms on the NHS website:

<https://www.nhs.uk/conditions/meningitis/symptoms/>

Meningitis B

The NHS is also offering free [MenB vaccinations](#) for all students starting university this year. You will need two doses of the MenB vaccine, at least 28 days apart, so it is recommended you arrange your first vaccination appointment as soon as possible.

Those who were born on or after 21 July 2001 starting university are eligible for the MenB vaccination for the first time.

Measles, Mumps and Rubella

Measles and mumps are circulating in the general UK population, particularly among young people. Several outbreaks of mumps have occurred at both universities in Oxford and, year-on-year, the number of cases continues to be significant. If you are not certain that you have received the two MMR immunisations, then in line with national policy, we recommend that before arriving at Oxford you receive two doses, with a month between each dose of [MMR](#) for measles, mumps and rubella.

You can find further information on the NHS website:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

Tetanus, diphtheria and polio

You should make sure your vaccinations for [tetanus, diphtheria and polio](#) are up to date. In the UK, you may have received them as the 3-in-one teenage booster.

Where possible, international students should receive immunisations in their home country, including the first dose of the MenB vaccination if available.

Human papillomavirus (HPV)

[\(HPV\)](#) is the name of a very common group of viruses. They do not cause any problems in most people, but some types can cause genital warts or cancer. If you are under 25 and have not received this vaccination, we recommend that you do.

You can find further information about HPV and the vaccine on the NHS website

<https://www.nhs.uk/conditions/human-papilloma-virus-hpv/>

COVID-19

At present, there is no Covid vaccination planned for students. Information of Covid cases can be seen here.

<https://ukhsa-dashboard.data.gov.uk/respiratory-viruses/covid-19>

Please take the time to review the [information about recommended vaccinations](#) available on the University's website, as well as [advice about registering with a GP](#) once you arrive at Oxford.